Dear guest

We would like you to feel safe during your stay. To ensure this we have implemented a new In-room Heat 'n' Eat Dining menu available daily from 2.00 pm - 7.00 pm.

- I. Ring reception to place your order.
- II. Food and beverages delivered to your room.
- III. Heat 'n' Eat dinners come with instructions, cutlery and crockery.

A list of available alcoholic and non-alcoholic beverages to accompany your meal can be found in the folder in your room.

Kind regards

Dianne & Nick Walford



In-room Dining menu

\$22.50

Snacks

1.	Mainland cheese and crackers	\$4.00
2.	Nobby's salted peanuts 375gm	\$5.00
3.	House-made banana bread	\$4.50
House-made Heat 'n' Eat meals		
4.	Pumpkin soup and roll	\$8.50
5.	Creamy tomato soup and roll	\$8.50
6.	Pea and ham soup and roll	\$8.50
7.	Roast chicken and vegetables	\$15.50
8.	Roast lamb and vegetables	\$15.50
9.	Roast Pork and vegetables	\$15.50
10.	Lasagne and vegetables	\$15.50

Special Soup, roll and main course

We continue to offer our guests a tranquil and safe place to escape to while following advice from health authorities

In-room Heat 'n' Eat Meals Reheating Instructions

You can defrost our **Heat 'n' Eat meals** in the fridge overnight or use the 'defrost' setting on your microwave. You can also simply reheat our meals from frozen.

- 1. Place meal or soup in the fridge and vegetables in freezer until ready to reheat
- 2. Remove meal from fridge and **lift lid on one corner before microwaving**. If you don't the lid will pop off and warp during reheating
- 3. Remove vegetables from freezer **DO NOT** pierce or open bag. Place printed side up in microwave
- 4. Place plastic container on a plate or in a bowl if soup. This is to make it easier and safer to remove from microwave
- 5. Cook both main meal and vegetables for 5 minutes
- 6. Remove vegetables as they will be done, let stand a minute or two then use tear notch to open
- 7. Stir main meal or soup and **cook a further 3-5 minutes** depending on how hot you want it
- 8. Carefully remove the plate using a hand towel
- 9. Let meal or soup stand for 2-5 minutes
- 10. Once cool enough to handle carefully place food on plate or in bowl

Happy eating